



LifeSPRINGS™

# Minerals 75

## Plant Derived Minerals

**The Secret to Improving your Quality of Life is now yours!**

A History-Making Discovery! **PLANT DERIVED MINERALS** are one of mankind's most exciting discoveries

The human body needs 90 nutrients to function properly

Minerals are essential to the proper functioning of the body. In addition to their nutrient value, they facilitate enzymatic action, and vitamins cannot perform many of their necessary functions without using minerals as catalysts. However, metallic minerals can be toxic and dangerous to the body and metallic mineral supplements are those generally available in most health food stores.

**PLANT DERIVED MINERALS ARE NON-TOXIC.**

### What are PLANT DERIVED MINERALS?

Plants absorb metallic minerals from the soil through their roots and convert them into **PLANT DERIVED MINERALS**. These plant-derived minerals are water soluble and work with the natural body absorption process.

**PLANT DERIVED MINERALS** are 98% absorbable into the body, hence there is negligible wastage.

**They are 10 times more absorbable than metallic minerals. This is due to two factors:**

1. They are slightly negatively charged and the stomach lining is positively charged.
2. The suspended minerals are tiny, less than 0.001 micron in diameter. This is less than 1/7000 the size of a blood cell. Because of their small size they are easily absorbed by the cells of the body.



**PLANT DERIVED MINERALS** facilitate the absorption of Vitamins. Minerals aid Vitamins to be assimilated by the body. As important as Vitamins are, they can do nothing for you without Minerals.

**What makes LIFESPRINGS MINERALS 75 – Plant Derived Minerals superior?**

We get our minerals from the plants we eat. Plants cannot make minerals. They get their minerals from the soil. Throughout the world soils are depleted of minerals through centuries of over-farming. As a result we are starved of the essential minerals we need for good health and longevity.

*"You can trace every sickness, every disease and every ailment to a mineral deficiency"*

Linus Pauling, (chemist), Two-Time Nobel Prize Laureate

**Typical Analysis (mg/L)**

**PLANT DERIVED MINERALS** in varying presence and trace amounts, including

Aluminium 930	Europium 0.07	Molybdenum <0.05	Sodium 250
Antimony <0.05	Fluoride 0.0066	Neodymium 0.51	Strontium 1.5
Arsenic <0.05	Gadolinium 0.51	Nickel 11	Sulfur 6950
Barium <0.05	Gallium <0.05	Niobium <0.05	Tantalum <0.05
Beryllium 0.28	Germanium <0.05	Osmium <0.001	Tellurium <0.05
Bismuth <0.05	Gold <0.05	Palladium 0.05	Terbium 0.083
Boron 0.88	Hafnium <0.05	Phosphorus 0.66	Thallium <0.05
Bromine 0.013	Holmium 0.11	Platinum <0.05	Thorium <0.05
Cadmium 0.19	Indium <0.0023	Potassium 27	Thulium <0.05
Calcium 420	Iodine <0.001	Praseodymium 0.073	Tin <0.05
Carbon 4020	Iridium <0.05	Rhenium <0.001	Titanium <0.05
Cerium 0.36	Iron <0.05	Rhodium <0.05	Tungsten <0.05
Caesium <0.05	Lanthanum 0.11	Rubidium 0.19	Uranium <0.05
Chlorine 17	Lead <0.05	Ruthenium <0.05	Vanadium <0.05
Chromium <0.05	Lithium 2.8	Samarium 0.25	Ytterbium 0.2
Cobalt 8.3	Lutetium <0.05	Scandium 0.099	Yttrium 5.4
Copper 0.098	Magnesium 3870	Selenium 0.25	Zinc 36
Dysprosium 0.53	Manganese 150	Silicon 19	Zirconium <0.05
Erbium 0.3	Mercury <0.05	Silver <0.05	

the following:

**Important Note:** Plant Derived Minerals are non-toxic and negatively charged  
Recommendation

Mix 5mls daily after a meal with 200mls of your favourite fruit or vegetable juice, or water. Because LifeSPRINGS MINERALS 75 is highly concentrated, 5mls per day is sufficient. Children should use 2.5mls per day.

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**LIFESPRINGS MINERALS 75**  
**Is available in 500ml and 200ml bottles**

500ml—Family of 4 for 1 Month  
200ml—Single Person for 40 Days